

April & May 2019

Around and About



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Around & About Wicken

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Editor

Merrilyn Fry
4 Stretham Road Wicken CB7 5XH
01353 720080
mer.724@btinternet.com

Treasurer and Advertising Manager

Nigel Davies
28 Chapel Lane Wicken
Taximan19CLH@aol.com
01353 721037

Distribution

Sue Wilson
28 Chapel Lane Wicken
01353 721037

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Please note that views expressed in published articles are not necessarily those held by the A&A team.'

Cover Picture

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Editor's Note

It hardly seems possible that we are into April already; the clocks have gone forward and the spring flowers are already fading. Despite our rather confused weather I hope that many of you have had opportunity to get your some gardening done, yesterday we needed sun lotion and today it was back to the coats and umbrella!

*The copy deadline for the June & July issue of Around & About is: **FRIDAY 24th MAY 2019**, earlier is always good.*

*Items can be submitted electronically - Word, text, hand written or verbal; however you choose to submit please ensure that your name and contact details are included. **Photographs & images** should be submitted separately, e.g. jpg files.*

Please remember to include your name and contact details with all items submitted - thank you.

Best wishes to you all for a happy and peaceful Easter.

Merrilyn

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Report from the Parish Clerk

Local Plan

As you may be aware from the press, the ECDC Local Plan has been withdrawn and they will now be returning to the 2015 Local Plan. This plan classifies Wicken as a small village with 2 housing allocations which are Church Road (which already has planning permission granted for 6 houses) and the land next to The Crescent. The Parish Council is strenuously engaged in representations to resist any major development in the village. Please do attend our meetings to make your views heard. More information on the reason behind the withdrawal can be found on the ECDC website.

Village Clean Up

The annual Village Clean Up took place on Sunday 24th March with a record turn out of 31 people. Between us we managed to collect around 20 bags of rubbish and covered the whole of the village. Thank you to everyone who helped and to Peter and Caroline for organising the event.

Sgt Mark Rabel

Sgt Mark Rabel, the new Senior Officer for East Cambs who is based at Ely Police Station, attended the Parish Council meeting in March and will be attending future meetings.

Sgt Rabel reported that, in the last 12 months, there were 103 calls to the police made from Wicken. There were 31 calls made in the last 3 months including 1 burglary. He advised that the best ways to keep your property safe are:

- ♦ Leaving a television or radio on when you are out.
- ♦ Locking gates with padlocks
- ♦ Video door bells
- ♦ External lighting

Should you see anything suspicious ring 101 or 999, or report via the website or through Crimestoppers.

Local Elections

The local elections for the Parish Council take place on Thursday 2nd May 2019. The nomination forms need to be completed and delivered to ECDC by the 3rd April 2019. Although this will have happened by the time you receive your Around and About, this has been advertised on Facebook and the Parish notice boards.

Rachel Earl
Parish Clerk

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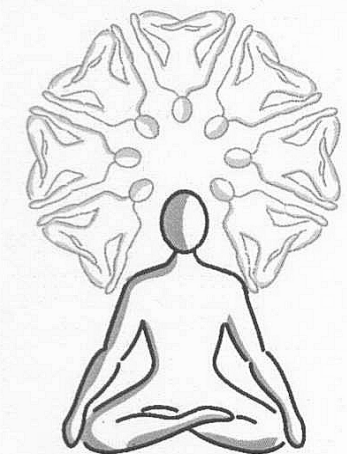
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Wise Words?

- ◇ Age is a very high price to pay for maturity - Unknown
- ◇ I never let my schooling interfere with my education - Mark Twain
- ◇ The scariest moment is always just before you start - Stephen King
- ◇ Difficult roads often lead to beautiful destinations - Unknown
- ◇ A loving heart is the truest wisdom - Charles Dickens
- ◇ You have as much laughter as you have faith - Martin Luther
- ◇ It's the questions we can't answer that teach us the most. They teach us how to think. If you give a man an answer, all he gains is a little fact. But give him a question and he'll look for his own answers - Patrick Rothfuss
- ◇ Imperfection is beauty, madness is genius and it's better to be absolutely ridiculous than absolutely boring - Marilyn Munroe
- ◇ Yesterday is history, tomorrow is a mystery, today is a gift of God, which is why we call it the present - Bill Keane
- ◇ Friendship is born at that moment when one person says to another: 'What! You too? I thought I was the only one' - C.S. Lewis.



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Parish Councillors

Cécile Bye	24 High Street	624378
Jim Day	Red Barn Farm	720281
Peter Fuller	Thorn Hall, Lower Road	720602
Jonny Fuller	35 Stretham Road	723832
Marc Hawes	Sheep Walk Cottage, Padney Road	624895
Liz Houghton (Chair)	17 Chapel Lane	723157
Jilly Rogers	4 Butts Lane	721611
Liz Tory	Maddog Cottage, Upware	722203
Sue Wilson	28 Chapel Lane	721037
Clerk: Rachel Earl	42 Chapel Lane	723619

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Phone: Rachel Earl (Clerk to the Parish Council) for further details on 723619.

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Community Clean Up



A big thank you to all the people who gave up their time to litter pick around the village on Sunday 24th March.

We had a terrific turnout of more than twenty people who filled many bags of rubbish (see photo). The streets and lanes look so much better for their effort. Refreshments were kindly provided by the Parish Council.

Peter Rash and Caroline Delph
(on behalf of the Parish Council)

Rogation Service

"NOW WELCOME SUMMER"
19th May 2019, 4pm at St Laurence's Church

Singing, readings and prayers for Rogationtide.
Refreshments afterwards. All welcome



Husbandry: from the title page of the 1523 'Boke of Surveying' by Anthony Fitzherbert

Rogation is the season when the Church asks for a good harvest that year. Historically, people fasted and prayed for three Rogation Days, just before Ascension Day, asking for God's blessing on the fruits of the earth, their crops, and those who work to grow them.



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'I dearly loved the Red Lion'
Grace Dent
The Guardian, February 2018



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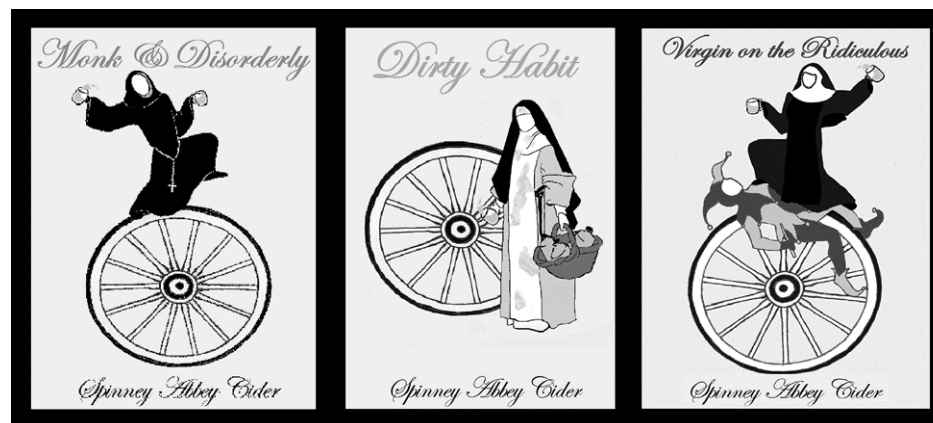
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Wicken Methodist Church



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Please remember to leave your dog at home - thank you



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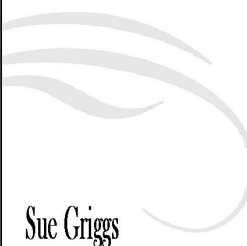
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Sunday Teas 2019



Putting the "T" in community! The Village Hall, Methodist Church and St Laurence's Church work together to bring you the Sunday Teas again this summer - **every Sunday between 3pm and 5pm.**

The Teas will start on **Sunday 14 April** (Palm Sunday) at the Methodist Church. The following Sunday (21 April) you can celebrate Easter in style at St Laurence's. On Sunday 28 April there will be a Preloved Sale at the village hall (including Teas). Watch out for the full list which will tell you where to find delicious refreshment through the coming months.

Sara Rains

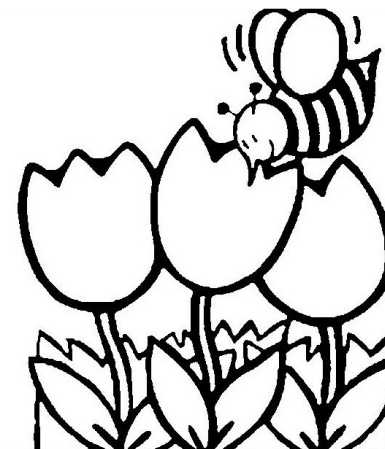
Now Comes April

Now comes April
in her floral gown
Bringing forth her
Melody in country -
side and town.

And now awakens
Blossom and Fauna
from its sleep,
On heath in nest
in forest, from rivers,
ponds and creek.

And so the tune
Develops while Nature
writes the score, and,
Her children obey the
Music and, perform
For us once more.

Claire Gould



The Wisdom of the Body

A Lenten Reflection

It would seem to be a well established fact that we humans are constructed from the chemicals of the earth.. When we turn our hands inwards and gaze at our finger nails (the physical counterpart of reflection) we are looking at, amongst other things, the calcium of which they are constructed. We are calcium based and the chemical runs in our blood. As we contemplate the calcium it is true to say that the calcium has become conscious of itself - it has become self conscious.

If this is granted follows that consciousness and discord with one's own self are inseparably linked up, even that they, as it were be proportional to each other. This sounds like a paradox but the wisest of all times and peoples have testified to confirm it. Men and women for whom the world was lit in an unusually bright light of awareness, and who, by life and word have, more than others, formed and transformed that work of art which we call humanity, testify by speech and writing or even by their very lives more than others have they been torn by pangs of inner discord. Let this be a consolation to those who suffer from it. Without it nothing enduring has ever been begotten.

David Pennal

(thoughts from Teilhard de Chardin & Erwin Schrödinger "What is Life" and "The Phenomenon of Man".)



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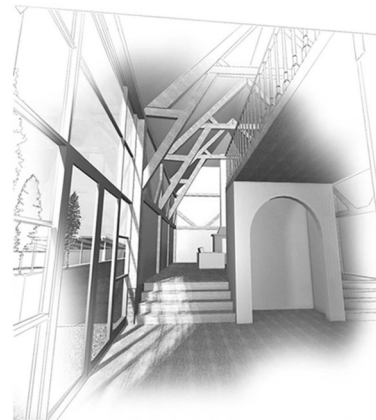
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What would you do to Improve Health Services in Cambs

The NHS is developing a local plan and needs your help.

How would you make it easier for people to look after their own health and wellbeing?

Fill in this survey from Healthwatch and have your say on local services. In particular, Healthwatch wants to hear your ideas about

- Making it easier for people to access support closer to home and via technology.
 - Doing more to help people stay well.
 - Providing better support for people with cancer, mental health conditions, heart and lung diseases, and other long-term conditions.
- Providing better support for people as they get older and experience conditions such as dementia.

Share your ideas

Your local NHS needs to hear from you about what it should do to make care better for your community.

Feedback online at <https://www.healthwatch.co.uk/what-would-you-do>

Call your local Healthwatch on 0330 355 1285, text 0752 0635 176
Or visit www.healthwatchcambridgeshire.co.uk

Angie Ridley

7 - 11 Youth Club

.. will begin again on Tuesday 30th April at 6.30pm - 7.30pm at Wicken Methodist Church. 60p per child. Drinks and biscuits provided. Tuck shop.

Sara Rains

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QUIZ NIGHT

AT THE 5 MILES UPWARE

Tuesday 9th April at 7.30pm
In The Sports Room

£1 per person max 6 in a team

Prize for the winning team

Swallowtails

The Club is approaching its twelfth birthday in May and we reflect that we have grown from 20 original members to our present 82. We have had a lot of fun over the years both in The Village Hall, at The Five Miles, Upware and on our various outings on trains, boats and at the seaside, long may it continue.

Since our last report we have enjoyed a meal in the Hall, had a visit from the Stretham Outreach Singers when we raised £130 + for Charity, in this case 'Hope For Tomorrow' which provides a mobile chemotherapy unit for patients who live a distance from their local Hospital. We also had a meal at The Five Miles Inn with 72 Members attending, as always we were very well looked after by Lorraine and her staff.

For the future we have an outing to Romford greyhounds in June, this is now fully booked. On 28th August we plan to visit the National Memorial Arboretum at Alrewas in Staffordshire. This outing will be open to members and non members alike. Please contact us for more details

Whilst everyone is very welcome to our meetings we cannot at present entertain new members when there is a meal in the Hall, cooking a 2-Course Meal for more than 70 is not possible with the present facilities.

For further information contact Sue or Nigel on 01353-721037 or Merrilyn on 01353- 720080

Nigel Davis



Easter Reflection from Coffee Morning

The cross has the final word
Sorrow may come in the darkest night
But the cross has the final word

There's nothing stronger
Nothing higher
There's nothing greater
Than the Name of Jesus

All the honour
All the power
All the glory to the Name of Jesus

The cross has the final word
Evil may put up its strongest fight
But the cross has the final word

The Cross has the final word
The Saviour has come with the morning light
The cross has the final word
He traded death for Eternal Life
The cross has the final Wword

Newsboys - Lyrics – The Cross has the Final Word

Dalene Murosa

Easter in Wicken

Good Friday (19 April) Walk of Witness 6.30 pm from St Laurence's Church to a short service at 7 pm at the Methodist Church.

Easter Sunday (21 April) 9 am Breakfast at Wicken Methodist Church followed by 10 am Easter Service led by Duncan Palmer
Sara Rains



Coffee Morning

BIG Thanks to Mrs Rosemary Clements for hosting a full house for our first meeting. Thank you Caroline Blott for giving us a record of the finances. We have plans for the year and look forward to sharing time with the community during the events we have lined up.

Thank you Mrs Madeline Price for sharing with us some garden tips.

Whoohoo... we had an excellent time for Breakfast. The community came together and met new neighbours. BIG thanks to the Jugg family, Luke Amann, Margaret Harding, Caroline Delph and Jill McCrae for the service of a well cooked brekkie.

Saturday, 13 April 2019

Save the Date for the **Spring Tea** in the Village Hall @ 3pm to 5pm.

10 May 2019

We meet @ the Methodist Chapel, 10:30am with Mrs Jenny Sargent who will play music on the organ. Come along and enjoy the company.

Contact: Caroline Blott Liz Jugg Dalene Murosa
Tel: 721480 968838 0794 4219537



SWALLOWTAILS PROGRAMME

Meetings at the Village Hall

Door Fee £1.00

10th April	Table Games	1400 hrs
24th April	Meal	1300 hrs
8th May	Annual General Meeting	1400 hrs
22nd May	Scavenger Hunt	1400 hrs
6th June	Romford Dogs	TBA
19th June	Co-Op Finance Advisor	1400 hrs

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Churches Together in Wicken

Monthly Service of

Healing 4.30pm at Wicken Methodist Church

Monday 8 April, Monday 13 May, Monday 10 June

An opportunity to pray for our friends, families, community, the wider world and ourselves, by following a service with a flexible format.

This is for Christians of all denominations and we also welcome anyone who feels they need prayer and have little or no experience of how to pray. We would love to be able to help and to guide you towards a deeper understanding of spiritual healing and wholeness.

If you would like to discuss this or, alternatively, if you would like to leave a prayer request, please refer to the contact details below.

Tuesday morning

Bible Study *Tuesday mornings at 10.30am*

An opportunity to explore the Bible with fellow explorers, to ask questions and learn together.

This is for both Christians and for those seeking to know more about the Christian faith in a relaxed atmosphere.

If you would like to know more, please refer to the contact details below.

Wednesday evening

Home Group 7.30pm in Soham

A small group of people meet midweek in Soham to help each other to grow in faith through sharing and prayer. We are a non-denominational group and we come together for the sole purpose of fellowship and to offer praise and worship to God.

Please consider joining our Home Group for a little midweek nurture and fellowship. Alternatively, if you are exploring the Christian faith, our group is also a good starting point to hear the gospel and to discuss any issues relating to faith in a friendly environment.

We love new people coming along to join us, to breathe fresh life into the group, and it doesn't matter where you are in your faith journey or if you are just dipping your toe in to see what it's all about.

We would love to hear from you.

Julie Johnson – 01353 721260 – juliesmessages@outlook.com



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News from Wicken Fen

Our summer migrants have steadily been arriving back at the Fen over the past few weeks, and are busy staking a territory, attracting a mate, and getting on with the important task of raising the next generation. We're expecting the return of the cuckoo towards the end of April, and look forward to hearing its familiar call on the reserve. One of the true highlights of the natural world at this time of year is the dawn chorus. If you're up for an early start (4.45am), our Countryside Manager, Martin Lester, will be leading a **Dawn Chorus Walk** on Saturday 4 May. This event kicks off our **Big Vision Weekend** (4 to 6 May), when we'll be celebrating two important anniversaries: 120 years since the National Trust bought its first two acres at Wicken Fen, and 20 years since the launch of the Wicken Fen Vision. There will be lots of great activities to enjoy over the weekend, including: the Big Vision Treasure Hunt, special Anniversary Boat Trip and Safari, pond dipping, storytelling, face painting, Vision Safari ranger led walks and much more! Keep an eye on our social media and website for more details.

We'll be running **Cadbury's Easter Egg Trails** over the Easter Bank Holiday Weekend, Friday 22 – Monday 25 April. Trails are £2.50 per child (normal admission applies). Drop in at any time over the weekend to look for clues on the trail, and find out more about the wonderful wildlife at Wicken Fen and in your garden at home, and how we can help creatures great and small.

Children's events at Wicken over the Easter school holidays include: **Pond Dipping** on 10 & 15 April (age 5+), **Story Time: Blackbird, Blackbird** on Tuesday 9 April (age 2-7), **Spring into Spring: Eggs and Nests** on 11 & 12 April (age 4+), **Spring into Spring: Baby Paws and Claws** on 16 & 17 April (age 4+). We'll also be offering drop in activities throughout the holidays.

For the May half-term holiday the menu at Wicken includes **Pond Dipping** on Tuesday 28 May (age 5+), **Cuckoos Calling** (age 5+) on Wednesday 29 May and **Tracks, Poos, and Animal Clues** (age 4+) on Friday 31 May.

Our programme of adult events continues with a **Willow Basket Making Workshop** on Friday 26 April, and another of our anniversary celebration events, **Cuckoos and Curious Naturalists** on Friday 10 May. This is a chance to hear local Behavioural Ecologist Professor Nick Davies tell stories from the field of cuckoos, warblers and the naturalists who became interested in them.

Advance booking is essential for all events at Wicken Fen. Full details and ticketing information can be found in the 'What's On' section of our website: www.nationaltrust.org.uk/wicken-fen

Julia Hammond

Opening Hours: Sun-Mon: closed, Tue, Wed & Fri: 9.30am-5.30pm, Thu: 9.30am-6.00pm, Sat: 9.30am-4.00pm



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Easter Family Fun

Sunday teas
Easter egg hunt and crafts

St Laurence's Church
Sunday 21st April
3-5pm



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St Laurence's Church Wicken

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SUNDAY SERVICES

April

7	Family Service	10.30am
14	Holy Communion	10.30am
19	Good Friday Walk of Witness	
	Short service at Church	6.30 pm
	Followed by service at Methodist Chapel	7.00 pm
21	Easter Service	10.30am
28	Churches Together at CHURCH	10.30am

May services – please refer to the Church noticeboard.

Please note on Sunday 19 May at 4 pm there will be a Rogationtide service in the Church. The Wicken Choir will be singing.

CHURCH CONTACTS

For further information about events or services, or any other church matter, please contact:

Rural Dean

Rev. Sue Giles suethevic@btinternet.com 01223 812726

Local Contact

Robert Fuller robertfuller33@btinternet.com 01353 720971

Play Chess

If you've ever wanted to learn, or just fancy a game, come along on the following Wednesdays: 3 April and 17 April & 1st May and 15th May.

Drop in anytime between 7pm and 8.30pm and join in the game of strategy and tactics! Everyone's welcome - beginners and experienced players (no age barrier!).

We have several chess sets to play on and Quick Chess for those who want to learn. Held in Wicken Methodist Church (schoolroom at the back). All free - no charge.

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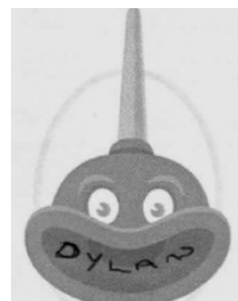
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If you have Parkinson's you might like to join The Ely and District Parkinson's UK Support Group. The group meets on the third Tuesday afternoon in the month, 2.30pm until 4.30pm, at the Bell Holt Sanctuary Housing Function Room, Lisle Lane, Ely, CB7 4ED. Members enjoy a chat with friends, enjoy some refreshments, can enter a draw, and listen to a speaker. In addition, members have access to current literature and the Parkinson's Local Advisor pops into many of our meetings to provide additional support and advice. Meeting Dates until June 2019 are Tuesday February 19th, Tuesday March 19th, Tuesday April 16th, Tuesday May 21st and Tuesday June 18th. If you would like any additional information contact **Caroline Nicklinson, Volunteer, on 07718191482** cnicklinson@gmail.com). Or come along to one of our meetings, you will be made very welcome.

Caroline Nicklinson

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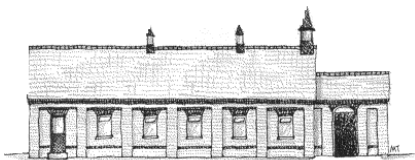
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Bookings for the Village Hall

The Village Hall has excellent facilities and there are generous discounts available for villagers. The website www.wickenvillagehall.org.uk has full details of rents, facilities and availability. To book the Village Hall please check the Hall diary on the website for availability, contact one of the committee members (preferably Jean Turner chairman on 01353 727054) to reserve the date, then download the booking form, complete it and drop it into Jean.

Regular Events in the Village Hall

Monday 4.00 - 8.30 pm	Horizons Academy Ballet
Tuesday 9.30-12noon Afternoon & evening	Fen Tiggers: Baby and toddler playgroup *****Available for Hire*****
Wednesday <i>Alternate Wednesdays</i> <i>Lunch time/2pm</i> 7pm	Swallowtails: for all those wanting to get to meet people in the village and enjoy varied activities together Wicken Coronation Band practice
Thursday 7-8pm	Pilates - Mat, Ring and Band work - Mixed Ability
Friday 1.30 pm - 3.30pm 4.00 – 8.30pm	Art Class Horizons Academy Ballet (from September).

Village Hall Management Committee Trustees
Current Committee trustees are:

Jean Turner (Chair) T:727054 **Sophie Leek (Secretary)** T:721681
Jack White (Treasurer) T 723342 **Caroline Blott** T:721480 **Jason Clark**
Sonia Jones T:727140 **Stephen Joyce** T: 624443 **Pam Joyce** T: 624443
Jilly Rogers T:721611 **Sue Wilson** T 721037

Upware Residents Association

Dates for Upware Residents Diaries

Tuesday 9th April QUIZ NIGHT At The Five Miles Upware. 7.30pm In The Games Room. In aid of the village defibrillator. Teams of up to 6. £1 per person. Prize for the winning team. Plus a raffle. All local village residents welcome.

Wednesday 24th April URA MEETING 7.30pm At The Five Miles In The Games Room. Come have have your say on what happens to our village.

Sunday 7th July PICNIC IN THE PARK
On the Environment Land from 12 noon. Bring your own picnic and drinks. Well behaved dogs welcome Games and Activities plus a raffle.

Sunday 8th December CHRISTMAS FAIR from 12noon at The Five Miles.

Please check our updated website for information and events in Upware:
www.upware.org.uk

Gwynneth Griffiths
Secretary URA

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News from Wicken Village Hall

Spring Fair and Preloved sale: Sunday 28th April Open 12 noon till 4 pm

Our Spring Fair and Preloved sale will feature crafts, jewellery, home-made goods, bric-a-brac, and pre-loved stalls. So if you have anything to sell, book a table for just £6.

It's up to you how you sell things: just rent a table.
Contact Jean to book a table on 01353 707054



Picnic Round the Pond Saturday 1 September

An established part of Wicken's summer calendar, the 2019 Picnic Round the Pond will be on Sunday 1 September. Wicken Coronation Band will be playing your favourite tunes, there will be Pimm's and cream teas and Dave Donut, the very best of all Punch and Judy shows! And the afternoon will finish with the famous Wicken Sports. Bring a rug and a picnic to join in the fun.



A date for your diary.... Saturday 5 October Come to the races!

There will be another of our hugely successful race nights on Saturday 5 October. Come along and join the fun; place your bets, follow your horse to the winning post and enjoy supper and drinks. More details available later but make sure you keep the date free.



Improvements to the Hall

Picnic table and chairs: Thanks to a generous donation from the Village Fete committee, we have been able to buy another wooden picnic table and chairs for the garden behind the Hall. It will be there soon for you to enjoy during the summer events at the Hall.

Clearing the garden: thanks so much to Jack and Jean who have master-minded the clearance of the garden at the back of the Hall. The overgrown shrubs and brambles have been cleared and a sturdy fence erected. The garden is now safe for children and for everyone to come and enjoy.



Book Sale

Remember there is a Book Sale always available on the Hall so do drop in for some new books. Or drop off any books you no longer need so others can enjoy them.

Please don't hesitate to let us know if there are any other changes to the Hall you'd like to see and we'll certainly consider them.

VILLAGE DIARY

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16th	Mobile Library	page 12
19th	Rogation Service	page 45

Wicken Runners every Sunday

For Wicken Fen activities see page 20

Parish Council Meetings are held in the Village Hall on the second Tuesday of each month at 1930 hrs.

Wicken Windmill is open whenever the sails are turning.

ADVANCE DIARY DATES

7th July Picnic in the Park (Upware) - see p. 29

1st September Picnic Round Wicken Pond - see p.25

5th October Come to the Races (Wicken Village Hall) - see p.25

8th December Christmas Fair (Upware) - see p.29

VILLAGE DIARY - weekly

Monday	Service for Healing	see p. 18
Monday	Horizon Ballet Academy	see p. 24
Monday	Yoga at Butts Farm	see p. 47
Tuesday	Fen Tiggers	see p. 34
Tuesday	Bible Study	see p. 18
Wednesday	Swallowtails	see p. 16
Wednesday	Wicken Coronation Band	see p. 24
Wednesday	Home Group	see p. 18
Thursday	Mixed Ability Pilates	see p. 24
Friday	Art Class (contact Sue on 07484 616603)	
Friday	Horizons Ballet Academy	see p. 24
Sunday	Church Services (Anglican)	see p. 22
Sunday	Methodist Church Services	weekly 1030 hrs

To help keep the Village Diary as informative as possible please let me have details of any weekly/monthly activities or any planned events as far in advance as possible. Hopefully this will aid planning for Village activities and avoid clashes.

The final copy date for articles for the February/March 2019 issue of Around & About is:

FRIDAY 24th MAY 2019

For further details please refer to Editor's Note on page 5 - thanks.